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| Rohit RodrigoService through knowledge and beauty. | Anugraha Animation Centre,Nochiodaipatti,Dindigul, Tamil Nadu - 624003**(91) 72598-29711****rohitrigo@gmail.com** |
| EXPERIENCEAnugraha College, Dindigul — *Asst. Professor*June2024 - PresentPsychology teacher for the UG and PG students.Anglo-Eastern, HongKong — *2nd Officer*September2004 - August 2015I started out as a Deck-Cadet and rose through the ranks. I served the company well and left on good terms. I still possess the certification and would technically be able to return to sailing if needed. I remained with the same company and did not seek to change throughout my career as a Sailor.IMPORTANT MILESTONES* Presea training at ARI, New-Delhi
* Cadetship period from April2005-June2009
* Completed 2nd Officer examinations in 2010
* Sailed as 3rd Officer from 2010-2015
* Received promotion to 2nd Officer (Additional) 2015
* Left sailing on good terms with my company Anglo-Eastern after a career spanning 11 years

EDUCATIONAnugraha Institute of Social Science, Dindigul — *Masters in Counseling and Psychotherapy - in progress*August2022 - June 2024Have consistently achieved the 2nd Ranking in my class of 29 students. Various subjects were covered all related to Counseling and Psychology. Masters Thesis was completed on The Effect of Adapted Yoga Posture used during Psychotherapy on Basic Conflict.School of Social Work, Roshni Nilaya, Mangalore — *Bachelors of Psychology, Criminology, English (Triple Major)* June2019 - August 2022Completed my bachelors full time at Roshni College with a Grade Point Average of 8.01 (a combined percentage over 6 Semesters of 78.24%). My subjects were Psychology, Criminology, English, French and English Optional.Kishinchand Chellaram College, Mumbai — PUC (HSC Board Examination)June2002 - February2004Completed my Junior College in the Science Stream. My subjects were Physics, Chemistry, Mathematics, Electronics and English.ADDITIONAL ACCOMPLISHMENTS10 Day shadowlab -20 participants in Rishikesh2.5 year Bhagavad Gita Class2 Month Shadow LabOnline course Mandukya Upanishad (110 hours)Online course Katho Upanishad (30 Hours)Mandala Drawing course (levels 1,2 and 3)ABOUT MYSELFI am passionate about Spirituality, Psychology, Knowledge and Service and intend to dedicate my life to such. I have a dream of being a counselor and Psychotherapist working at a reputed center providing healing, knowledge, and growth to whomever asks for it. I am an avid seeker of Knowledge in all its forms and I seek to constantly update my knowledge to be relevant and of practical use in a constantly moving modern world and progressing on my personal spiritual journey.I constantly spend a few hours each day on personal learning and growth - be it new aspects of spirituality or psychology or personal knowledge and skill related.I spend a considerable amount of time providing counseling services through ACPC and have clocked 69 individual sessions in the last 2 months in addition to providing supervision services during the CTP. | VARIOUS COURSES AND CERTIFICATIONS* Basic Positive Psychotherapy Consultant
* CTP Diploma and Post Diploma
* Handwriting Analysis
* Yoga (2 week course)
* Art therapy
* Family Therapy (level 1 and 2)
* REBT
* Inner journey
* Healing the Inner Child(5 times)
* Positive Psychology and well being

Purnarita (with NLP optimism)Rekhi 1st DegreePsychometric Scale ConstructionLANGUAGESEnglish and Hindi |