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| CURRICULUM VITAE |

**NAME : Dr. GEORGE BERNARDSHAW**

## SEX  **:** Male

**D.O. B & AGE : 25.05.1977. 47 years**

**RELIGION : Christian – Roman Catholic**

**NATIONALITY : Indian**

**MARITAL STATUS : Bachelor**

PRESENT ADDRESS  **:** Anugraha Animation Centre

 Nochiodai patti

 Dindigul East- 624003

## **Contact Number :** +91 (9487268267/ 9345236493)

**Emails :** **shawcap@gmail.com**

**profbernardshaw@anugrahacollege.edu.in**

**Academic Portfolio :**  <https://independent.academia.edu/GeorgeBernardshaw>

# OFFICIAL ADDRESS : Dr. J. George Bernardshaw M.A ( Philo) M.A (SW) PGDC, Ph.D

 Principal & Associate Professor

 Anugraha Institute of Social Sciences,

 Nochiodaipatti

 Dindigul- 624003

## **Personal Specifications and other Skills**

## A good team worker and animator with potential leadership skills

## Advance knowledge in using blended teaching and learning skills

## Knowledge of eLearning

## Strong interpersonal and communication skills

## Principles and good practice of adult teaching and learning

## Quality teaching skills

## Extensive knowledge of current Social Work Practice

## Academic and professional support and guidance

## Evidence of sound administrative skills including time management and prioritization

## Effective collaboration and partnerships

## Experience in delivering quality training in either an academic or professional environment

## Adaptable flexible ability to build rapport quickly, ability to work on own initiative, self-motivated team

## Enthusiastic in Research and innovation

## **Educational Profile**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course**  | **Institution** | **Board/ University** | **Year of Passing**  | **Marks in percentage / Class/ CGPA** |
| **Ph. D (Full- Time)** | Bharathiar UniversityCoimbatore | Bharathiar University | 2022 | Awarded |
| **PGDC (Counselling)** | Anugraha institute of Social Sciences Dindigul | Madurai Kamaraj University | 2015 | 76.6% (First Class) |
| **M.A (Social Work)** | Loyola College ( Autonomous)Chennai  | Madras University | 2013 | 6.83 Grade: A+ (First Class) |
| **M. A (Philosophy and Religion)** | Madurai Kamaraj University | Madruai Kamaraj University  | 2004 | 62.4 (First Class) |
| **B.Sc (Botany)** |  St. Joseph’s College (Autonomous)Trichy | Bharathidasan University | 1998 | 54 % (Second Class) |
| **HSC** | Dudley HSSDindigul | State Board | 1994 | 71.1% (First Class) |
| **SSLC** | St. Mary’s HSS Dindigul | State Board | 1992 | 63.4 (First Class) |

##  **Conferences and workshops attended**

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| --- | --- | --- | --- |
| **Date** | **Title** | **Catagory** | **Place** |
| 15/02/2014 | Two Recent days National conference on “ Recent Trends in higher education” | Participated | Loyola College, Chennai  |
| 01/12/2014 to 08/12/2014 | Eight days course on Healing the Inner Child (64 Contact Hours) | Participated & Completed | Anugraha Institute for counselling and PsychotherapyDindigul |
| 13/03/2015 |  One day Symposium on Emerging Trends in Psychptherapy and Counselling Practice presented a paper on “The significance of Counselling and Psychotherapy among adolescence to reduce juvenile Delinquency” | Participated & Presented | Anugraha Institute of Social Sciences & AICP Dindigul |
| 09/12/2015 to11/12/2015 | Three days workshop on Recent trends In Psychiatric Social work | Participated | NIMHANSBengaluru |
|  27/7/2016 | One day Work Shop on “Writing for Publication Strategic approaches to getting your work Published”  | Participated | Department of Social Work, Bharathiar UniversityCoimbatore |
| 22/09/2016 | One day Seminar on “Prevention of Substance Abuse and De- Addiction” | Participated | Department of Social Work, Bharathiar UniversityCoimbatore |
| 30/09/2016 | One day Seminar on “Social Workers and Social Justice”  | Participated | Department of Social Work, Bharathiar UniversityCoimbatore |
| 22/10/2016,23/10/2016&24/10/2016 |  Three days 4th Indian Social Work congressPresented a Paper titled on “ Difficulties in Practicing Life Skills Education in the School Environment” | Participated &Presented  | Department of Social Work, Mahatma Gandhi KashiVidyapith, Varanasi |
| 04/11/2016 | One day National Conference on “Challenges and Trends of Economic Independence among Women in India” | Participated  | Department of Women’s Studies, Bharathiar UniversityCoimbatore |
| 10/11/2016&11/11/2016. |  Two days National Conference on professional Social Work for youth development, Presented a paper titled on “Awareness on Life skills Education Among Youth” | Participated &Presented | RGNIYD, Sriperumbudur |
| 06/01/2017&07/01/2017 | Two days Workshop on “Hypothesis testing in Social Sciences”  | Participated | Department of Social Work, Bharathiar University |
| 20/01/2017&21/01/2017 |  Two days International Conference on Emerging Trends in Youth Development ( Best Practices & Sustainable Models), Presented a Paper on “Effectiveness of Life Skills Development” | Participated &Presented | P.G & Research Department of Social Work, Sacred Heart College( Autonomous), Tirupattur and Don Bosco Youth Animation South Asia, New Delhi in Partnership with FSL- India, Bengaluru. |
| 02/02/2017&02/02/2017 |  Two days International conference on “Women and Human rights-An International perspective” | Participated&Presented  | Department of Women’s Studies, Bharathiar University |
| 02/02/2017&03/02/2017 |  Two days National Conference on “Social Work strategies for sustainable development” Presented a paper on Awareness on Life Skills education among adolescents” | Participated &Presented | Department of Social Work, Bharathiar University |
| 08/02/2017 |  One day Seminar on “Suicide Prevention” – A Training Programme  | Presented | Social Welfare Department Tripur |
| 16/02/2017 |  One day International conference on “Emerging trends in Social Work profession” presented a paper on Life Skills education in Schools” | Participated/ Presented | Department of Social Work,Jamal Mohamed College |
| 21/02/2017 |  One day Workshop on “Online courses for Social work students” | Participated | Department of Social Work, Bharathiar University |
| 1/06/2017 to10/06/2017 | Ten Days Short-term Course on “Enhancing E- Skills: Quantitative and Qualitative Research Methods | Participated  | Loyola Institute of Social Science Training and Research(LISSTAR) LoyolaCollege, Chennai |
| 28/08/2017 to 30/08/2017 |  Three days Workshop on “ Promotion of Mental Health and Psychological Well- Being of Adolescents Using Life Skills Approach | Participated | Department of Psychiatric Social Work, NIMHANS, Bengaluru |
| 26/09/2017 | One Day Regional Seminar on “Role of Social workers in Protecting the Rights of the Children” | Participated  | Department of Social Work, Bharathiar University |
| 07/10/2017 | One day Workshop on “Career Guidance, Assistive Technology and Personality Development (CAP) for the Visually Impaired Students in Higher Education” | Participated  | The District Central Library, R. S. Puram, Coimbatore |
| 09/10/2017 | One Day National Level Workshop on “Mental Health of Young Adults” | Participated | Department of Psychology,The American College, Madurai |
| 25/10/2017&26/10/2017 |  Two days International Conference on “ School Mental Health” Presented a Paper titled on “Life Skills Education in Schools: Implementation and Challenges” | Participated/Presented | Department of Social Work,Bharathidasan University, Trichy. |
| 30/10/2017 to 03/11/2017 |  Five days National Level Training Programme on Thesis Writing: From Copper Strip to Gold Bar” | Participated | Centre for Technical and Academic WritingBharathidasan University,Trichy |
| 10/11/2017 to 12/11/2017 |  Three days 5th Indian Social Work Congress 2017 – “Social Work Profession and Social Realities: Responses and Ripostes” Presented a paper titled on “Life Skills Education Among Adolescents” | Participated/Presented | NAPSWI & Department of Social Work. SreeSankaracharya University of Sanskrit, Kalady |
| 27/11/2017 to29/11/2017 |  Three days National Workshop on Research Methodology in Psycho- Social Issues | Participated | Department of Psychiatric Social Work, NIMHANS, Bengaluru |
| 24/01/201825/01/2018 |  Two days Interdisciplinary National Conference on “Technology Addiction among Digital Natives-Meeting the Challenges…. | Participated/ Presented | Department of Social Work, Bharathiar Universitycoimbatore |
| 12/02/201813/02/2018 | Two days National Conference 2018 | Participated | Department of Social Work,Loyola College, Chennai |
| 22/02/201823/02/201824/02/2018 | Three days XXXVI annual National Conference on “Inclusive Development Towards Social Justice: Opportunities and Challenges and presented a paper titled on “Awareness on Life Skills education among Youth” | Participated & presented | Department of Social work, School of Social Sciences & International StudiesPondicherry UniversityPondicherry |
| 19/03/201820/03/2018 | Two days Workshop on “Management Challenges among Old Age Homes and Day Care Centres” | Participated | Department of Social Work, Bharathiar UniversityNational Institute of Social Defence (MSJE) Government of India, New DelhiSocial Welfare DepartmentGovernment of TamilnaduCoimbatore |
| 28/03/2018 | One Day Workshop on “Child Rights Sensitization for Social Workers” | Participated | Department of Social Work, Bharathiar University |
| 07/07/2018 |  One day Seminar on Modern Perspectives of Social work Education | Presented | Jamal Muhammad CollegeTrichy |
| 03/12/2018 |  One day sessions on Dementia care for the elderly | Presented  | SRS college, Coimbatore |
| 01/03/201902/03/2019 |  Two days workshop on Nivo Qualitative Analysis | Participated | Sacred Heart CollegeTrupatur |
| 06/08/2019 to 10/08/2019 | Five Days National Workshop on Research Methdology and Data analysis for Social Sciences. | Participated | Department of EducationBharathiar UniversityCoimbatore |
| 17/09/201918/09/201919/09/201920/09/2019 |  Four days 25th Asia Pacific Social work Conference – 2019Presented a paper titled on “Awareness on Life Skills Education Among Adolescents” | Participated/ Presented | APSWCBangalore |
| 15/10/201916/10/2019 | Two days National Conference cum Symposium on Interfaith Dialogue on Communal Harmony and National Integration and presented a Paper on Promoting an Inclusive approach to substitute Religious Fundamentalism- An interfaith Dialogue perspective  | Participated & Presented | Department of Social workCentral University of Tamilnadu, Thiruvarur&National Foundation for Communal HarmonyMinistry of Home affairs, Govt. of. India  |
| 21/05/2022 | One day International webinar on Plagiarism | Participated | St. Francis De Sales CollegeBengaluru |
| 17/01/202318/01/202319/01/202320/01/202321/01/2023 | Five days on Line FDP- QRD 2.0 titles on International Faculty Development Program on Qualitative and Quantitative Research Design | Completed  | Eudoxia Research Centre, ERC- INDIA & USAInternational council of Media and Entertainment Research: IMAER |
| 03/11/202304/11/202305/11/2023 | Three days XI Indian Social work Conference on Leave No one Behind: Revisiting Pedagogy and Practice of Social work in India and presented a paper on Addressing Gender Inequality and Child malnutrition in Urban Slums Of India: A post – Pandemic Scenario through Scoping Review with SDG3.0 Focus | Participated & Presented | Department of Social workMaulana Azad National Urdu University, Hyderabad and National Association of Professional Social workers in India in Collaboration with United Nations Population Fund India |
| 03/11/202304/11/202305/11/2023 | Three days XI Indian Social work Conference on Leave No one Behind: Revisiting Pedagogy and Practice of Social work in India and presented a paper on Smart Apps on Mental Health Literacy for School Teachers: A design and development Study | Participated & Presented | Department of Social workMaulana Azad National Urdu University, Hyderabad and National Association of Professional Social workers in India in Collaboration with United Nations Population Fund India |
| 23/07/202424/07/202425/07/202426/07/202427/07/2024 | Five days International Research methodology workshop ( Hybrid mode) | Participated  | Organized by RC 25: Sociology of Sports,Indian Sociological Society, New Delhi & Department of History, Providence College for Women, The NilgirisIn Collaboration With Standard College, Manipur & Department of History, St Mary's College, Thoothukudi& Department of Economics Kamaraj College, Thoothukudi & Department of History, ThiruvalluvarGovernment Arts College, Rasipuram |

**Publications**

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| --- | --- | --- | --- | --- |
| **Title** | **Journal name** | **ISSN No. and Volume** | **Mode** | **Date** |
| Life skills education among Adolescents of School Students | International Multidisciplinary Research Journal (ISRJ) | ISSN NO: 2230-7850, Vol 6, Issue-11 | Off line | 11Dec 2016 |
| LifeSkills education in Schools | International Journal of Multidisciplinary Educational Research (IJMER) | ISSN NO: 2277 – 7881, Vol 6, 2(2)  | Off line | Feb 2017 |
| Awareness on Life skill Education among Adolescents | International Journal of Management and Social Science Research Review | ISSN No:2349-6746Vol:1, Issue:1 | Off Line | March – 2017 |
| Life skill education in Schools: Implementations and Challenges | Shanlax International Journal of Arts, Science and Humanities’ | ISSN No:2321- 788X | Offline | January – 2018 |
| Health, Safety and well being of Unorganized sectors | Springer | ISBN 978-981-13-8420-2 | Off line | April - 2019 |
| Awareness on Life Skills and Spiritual Practices in adolescents  | Journal of Modern Thamizh ResearchUGC Care Listed ( Group -1) Journal | ISSN: 2321- 984X | Offline  | March -2021 |
| Promoting general Well- being for Green Social world | International Journal of all research Education and Scientific Methods (IJARESM) ( UGC- Care Listed journal | ISSN: 2455-6211Vol:11, Issue: 11 | Offline &online | November - 2023 |
| Women Rights and Duties (Chief editor) | Ryan Publications  | ISBN 978-81-19587-36-0 | Offline | May - 2023 |
| Unveiling Educational challenges faced by Kota Tribal Adolescent Girls in the Nilgris District, Tamilnadu | Humanities and Social Science Studies Journal | ISSN 2319- 829X with Impact factor 7.28Volume.13, No.29.  | Offline | January- June: 2024 |
| Enhancing Higher Education Accessibility for Visually Impaired Students: Challenges and Opportunities in Affiliated Colleges of Bharathiar University, Coimbatore, Tamilnadu | Education and Society UGC Care Approved, Group 1, Peer reviewed, Bilingual, Multidisciplinary Referred Journal | ISSN 2278-6864With IF =6.718 | Offline  | April- June 2024 |

**Appreciation & Awards**

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| --- | --- | --- | --- | --- |
| **Category** | **Noble reason**  | **Institution** | **Specific Activities** | **year** |
| Appreciation  | The activities of Social worker’s Association | Loyola college Chennai  | Involved actively in the Social work association  | **2012** |
|  National Award ( Best Social Services Mother Theresa) | Human Rights Protection  | International Emergency Network supported by United Nations High Commissioner for Human RightsMumbai | Rehabilitation works among Sex workers and Transgenders | **2013** |
| First Prize  | World Social worker’s day Competition  | Bharathiar universityCoimbatoreMilacron India Pvt.LtdCoimbatore | Promting Community and Environmental Sustainablity | **2018** |
| Appreciation  | 7th International Conference on Psychology for a better Tomorrow: A bio- Psycho- Social- Spiritual Perspective  | Anugraha Institute of Social SciencesDindigul  | Panel head for the technical session | **2024** |

**Work Experience**

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| **S. No.** | **Institution** | **Designation** | **From**  | **To** | **Years of service**  |
|  | St. Joseph’s Philosophical College Kotagiri  | Department of Philosophy & religion Assistant professor & Librarian  | 01.05.2004 | 31.07.2011 | 07 years and two months  |
|  | Anugraha Institute of Social Sciences Dindigul  | Assistant Professor, Superintendent of ExaminationHostel Director | 01.05. 2013 | 15.07.2016 | 03 years and (2.5 months) |
|  | Bharathiar University Coimbatore | Research Programme( Full- Time) | 16.07.2016 | 31.08.2021 | 05 years and One and half Month  |
|  | Anugraha Institute of Social Sciences Dindigul | Secretary Assistant Professor  | 01.09.2021 | 28.05.2024 | 02 years and nine months  |
|  | Anugraha Institute of Social Sciences  | Principal | 29.05.2024 | Till date | Eight Month  |
|  | Total Year of Experience ( Teaching) | **13 years and 11 Months** |
|  | Full- Time Research experience  | **5 years**  |

**Research Supervision**

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| **S. No** | **Candidate Name ( MSW)** | **Reg. No** | **Title of the Study** | **Year** |
|  | Lakkineni Sumalatha  | B3614101 | To study on level of perseverance passon [GRIT] and ambition for long term goals amoung young adults in anugraha institution of social science | 2014 |
|  | Navis Mary | B3614102 | A study on the level of smart phone addication and their attitude among young adults in bathalakkundu,dindigul | 2014 |
|  | Vincent Albert  | B3614104 | A study on life style of agriculture labour in kuvanthu panjayat. | 2014 |
|  | Sirumani Stella Mary | B4T18509 | A study on psychological balance among pregnant women at kosavapatty govt. hospital,dindigul. | 2015 |
|  | Gardlya  | B4T18501 | A study on parental stress amoung parental stress among parents at kallupatty in dindigul district. | 2015 |
|  | Rama Priya  | B4T18506 | A study on the prevalence of alcoholism abuse amoung youth in viralipatty,thavasimadai panchayat dindigul,district. | 2015 |
|  | Monica Kujur | B4T18505 | A study on social and health status of femal commercial sex workers in bhiwandi municipal corporation ,thane district, maharastra. | 2015 |
|  | Solomon Raj  | B4T18518 | A study to assess the knowledge and attitude towards people with mental illness amoung adolescence in selected schools at srivilliputhur viruthunagar district. | 2015 |
|  | Karnal Savrimuthu | B4T18515 | A study on anti social behavior among youth in kumaran thirunagar dindigul | 2015 |
|  | Karnan | B4T18516 | A study on job satisfaction amoung the employees of sri matha spinning mills private limited dindigul. | 2015 |
|  | Maria Sangeetha  | B5T19105 | A study on the happiness level of Professional Hr managers in Madurai District | 2016 |
|  | Ananda Raj | B5T19108 | A study on the problems of adolescence at jambuliam patty in dindigul district | 2016 |
|  | Marimuthu | B5T19110 | A study on economic problem faced by rural women in pallapatty village | 2016 |
|  | P.Saravana Kumar | B4T18519 | A study on emotional intelligence amoung undergraduate students of anugraha college at nochiodaipatty,dindigul | 2016 |
|  | Manikandan.P | B5815291 | A study on influence of family interaction pattern on self esteem and achievement motivation of adolescent school students in dharmapuri district | 2016 |
|  | Anusia  | C1T21151 | A study among Self help groups and their quality of Life in Dindigul | 2022 |
|  | Roja | C1T21156 | A study on Mobile addiction and the levels of Coping mechanisms among adolescents in Kosavapatti village | 2022 |
|  | Jasmine Preethi | C2T21954 | A study on the significance of Life skills and wellbeing among College Students in Dindigul | 2023 |
|  | Harinath | C2T21969 | A study on the need of Life Satisfaction among Hr Managers In Tamilnadu | 2023 |

**Membership With Professional Associations (selected)**

Catholic health Association India- Life member

Indian Public Health Association- life member.

Indian Association of Preventive and Social Medicine - life member.

National Association of Professional Social Workers- Life member

Indian Society of Professional Social Work - Life member